

The background of the cover is a lush garden scene. In the center, a calm pond reflects the surrounding greenery. A large, smooth, grey stone sits in the water. The garden is filled with various trees and plants, including a prominent weeping tree in the upper left and a bush with bright red leaves in the lower right. The overall atmosphere is peaceful and natural.

*Effortless
Relaxation*

Beautiful Music *Plus*
Subliminal Suggestions

STEVEN HALPERN